



## Section 125/Flex Spending Account Plan

### Over-The-Counter (OTC) Drug Information:

To receive reimbursements for OTC items, you must complete and submit a Reimbursement Request Form for Flexible Spending Accounts provided to you by ASI and a copy of the sales receipt. Please complete the form to the best of your ability listing the date(s) of service, patient name, relationship to cardholder, description of service, OTC drug name, OTC drug treatment purpose and the amount of the request.

Legal, alternative-healing treatments provided by a licensed professional may be eligible for reimbursement under certain circumstances. Reimbursement will not be made for items that are a substitute for food that a person would need to consume to meet daily nutritional requirements.

### Examples of Eligible OTC Expenses

Below is a sample list of OTC items that can be reimbursed when purchased in reasonable quantities.

- Allergy Medicine
- Antacids
- Bactine
- Band-Aids/Bandages
- Anti-diarrhea Medicine
- Bug Bite Medication
- Calamine Lotion
- Carpal Tunnel Wrist Supports
- Cold Medicines
- Cold/Hot Packs for Injuries
- Condoms
- Contact Lens Cleaning Solution
- Cough Drops
- Diaper Rash Ointments
- First Aid Cream
- First Aid Kits
- Hemorrhoid Medication
- Incontinence Supplies
- Laxatives
- Liquid Adhesive for Small Cuts
- Menstrual Cycle Products for Pain and Cramp Relief
- Motion Sickness Pills
- Nasal Sinus Sprays
- Nasal Strips
- Nicotine Gum or Patches
- Pain Reliever
- Pedialyte
- Pregnancy Test Kits
- Products for Muscle or Joint Pain (BenGay, Tiger Balm, etc.)
- Reading Glasses
- Rubbing Alcohol
- Sinus Medications
- Sleeping Aids
- Special Ointment or Cream for Sunburns
- Spermicidal Foam
- Thermometers (ear, mouth or rectal)
- Throat Lozenges
- Visine or other such eye products
- Wart Remover Treatments

*(Continued)*



### Examples of Ineligible OTC Expenses

Below is a sample list of OTC items that can **NOT** be reimbursed for any reason.

- Face Cream or Moisturizers
- Chapstick
- Suntan Lotion
- Medicated Shampoos and Soaps
- One-A-Day Vitamins

### Dual-Purpose OTC Items

Below is a sample list of dual items that can be reimbursed when **submitted with a medical practitioner's written note**. Dual-purpose items can be both for personal and medical use.

- Acne treatment
- Dietary Supplements or Herbal Medicines (only to be used to treat a medical condition in narrow circumstances)
- Fiber Supplements (under narrow circumstances)
- Glucosamine/Chondritin for arthritis or other medical condition
- Orthopedic Shoes and Inserts
- Hormone Therapy and Treatment for Menopause
- Pills to Treat Lactose Intolerance
- Prenatal Vitamins
- St. John's Wort for Depression
- Sunscreen
- Weight-Loss Drugs (used to treat a specific disease not limited to obesity)